



## “Using NCAPPS Resources to Support Compliance with the HCBS Final Rule Requirements for Person-Centered Planning”

Summary of a webinar from January 31, 2023

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### Introduction

This webinar is about how to use the person-centered tools created by NCAPPS. Speakers on this webinar talk about how these tools relate to the HCBS Final Rule. The Final Rule says that:

1. You will be in the lead when planning your supports as much as possible.
2. You will choose where, when, and who will go to your planning meeting.
3. You will get information in a way that is easy to understand.
4. You will choose how you want to be supported and who supports you.
5. You will get a copy of your support plan.
6. You will talk about things like friendships and relationships, going out in the community, getting a job, staying healthy, and learning new things

Kate talked about the [Person-Centered Practices Self-Assessment](#). States can use the self-assessment to see how they are doing. To do the assessment, state agencies:

1. Form a work group
2. Take the assessment
3. Look at the results
4. Decide what to work on

Saska talked about the [5 Competency Domains for Staff Who Facilitate Person-Centered Planning](#). This resource defines the skills that person-centered planning facilitators should have. There is also a [plain language version](#).

Kate says stakeholder engagement is important for any systems change.

Saska talked about the:

1. [Toolkit for Stakeholder Asset Mapping](#).
2. [Stakeholder Asset Mapping: Workgroup Meeting Guidelines](#).
3. [Stakeholder Engagement and Asset Mapping FAQs](#).

Pearl from [ADvancing States](#) & Mary from [National Association of State Directors of Developmental Disabilities Services](#) talked about how they are helping their membership meet the person-centered planning rules.



NCAPPS

## National Center on Advancing Person-Centered Practices and Systems

The speakers on this webinar were:



**Kate Brady**, PhD ABD is a Project Manager at the Human Services Research Institute for NCAPPS HCBS Stakeholder Engagement. She is dedicated to advancing critical public systems changes that align with HSRI's goal of seeing all people living healthy, fulfilling lives as powerful members of society. Kate has worked in the field of disability policy, service, and systems advocacy for two decades. She brings experience from Home and Community-Based Services, Vocational Rehabilitation, Medicaid, Social Security, and Workforce Development systems.



**Saska Rajcevic** is a Project Manager and technical assistance lead for NCAPPS where she assists states in implementing person-centered practices to ensure all people can lead self-determined lives. Saska previously worked for a state agency supporting on-the-ground systems change efforts to ensure compliance with the Home and Community-Based Services Final Rule and person-centered planning requirements. She also brings experience from the protection and advocacy world where she focused on Fair Housing policy and enforcement.



**Pearl Barnett** is an experienced leader providing technical assistance and managing state Long-Term Services and Supports (LTSS), including Home and Community Based Services (HCBS) Medicaid Waivers, No Wrong Door systems, person-centered practices, and equity. Her passion for HCBS, person-centered practices, equity and organizational change are reflected by her professional experience, personal training and research on these practices, to improve access, delivery, and quality in LTSS, maximizing all individual's ability to reach their goals and remain safely in their home and community.



**Mary P. Sowers** joined the National Association of State Directors of Developmental Disabilities Services (NASDDDS) in 2014 and became the NASDDDS Executive Director on July 1, 2019. Before joining NASDDDS, Mary was with Mercer Government Human Services Consulting where she provided consultation and technical assistance to state governments on a wide array of Medicaid-related issues, with a focus on integrated care, home and community-based services, and managed long-term services and supports. Mary also has extensive experience within state government and non-profit organizations serving individuals with I/DD.